

Health  
PROGRAMMING



**I'M PREGNANT AND...**

Series 1-2: 12 x 30 / 2011 / ID: 127170

*I'm Pregnant And...* takes a look at the true and remarkable stories of women in difficult situations dealing with the challenges and stress of pregnancy. Watch as women balance their pregnancies with work, family, friends and personal struggles.

**MY SHOCKING STORY**

Series 1-5: 32 x 60 / Discovery Channel / 2009 / ID: 119340

Meet the unique individuals around the world living with extraordinary abilities, physical conditions or extreme medical conditions. Witness the personal stories of the world's tallest giants, treemans and conjoined twins. Learn about their awe-inspiring journeys as they allow experts to explore the mysteries of their conditions.

**BRINGING HOME BABY**

Series 1-3: 180 x 60 / TLC / 2007 / ID: 54979

The first days at home for rookie parents are a jumble of emotions: joy, excitement, happiness, trepidation, fear, and uncertainty. Because, no matter how well-prepared you think you are, you still don't really know what you're in for. And you have no idea how tired you can possibly get!

**DELIVER ME**

Series 1-3: 27 x 60 / Discovery Health / 2008 / ID: 120599

Doctors Alane Park, Yvonne Bohn and Allison Hill are physicians busy juggling the pressing demands of careers in medicine while raising young children. These former school friends, now partners in a busy ob-gyn practice, share both their personal and professional lives in Deliver Me. Go inside the lives of these amazing women and their patients, as they manoeuvre between the demands of work and home.

**SURVIVING MOTHERHOOD**

Series 1-2: 70 x 30 / TLC / 2005-2006 / ID: 55191, 55710

Place five women and their new babies in one room and a passionate, engaged, informed and practical discussion of child rearing will always ensue. We provide viewers with an exchange of ideas, stories, laughs and tears between real mothers living with the often overwhelming struggles and newly felt satisfaction of bringing up their babies.

**MAKE ROOM FOR MULTIPLES**

26 x 30 / TLC / 2009 / ID: 56202

Ahhh, the joy of multiple babies – two, three, four or more of everything! From anxious first-time parents to seasoned veterans embarking on a second set of multiples, Make Room for Multiples goes inside the busy lives of these families to reveal what it takes to manage all of these babies in the first few weeks at home.

**I WAS BITTEN**

6 x 60 / Discovery Channel / 2008 / ID: 25897

From the deadliest waters to the pets in our own backyards, discover the fascinating science behind the most gruesome bites and the individuals who survived them. *I Was Bitten* features victims of the most intense bites from around the world, with actual photo and video footage, and reveals the devastating aftermath of lethal toxins in the human body.

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**I'M ALIVE**

Series 1-2: 23 x 60 / Animal Planet / 2010 / ID: 127429, 130251

Without claws, venom or razor-sharp teeth, humans are physically under matched with our wildlife counterparts. However, there are times when size or power advantage can't overcome a much stronger opponent - a person's will to live. I'm Alive features the inspirational stories of people who are determined to survive an animal attack regardless of the obstacles or consequences.

**KILLER VIRUS: HUNT FOR THE NEXT PLAGUE**

1 x 60 / Discovery Channel / 2008 / ID: 25861

Viruses are wonderful at finding ways through our defences. The Nipah is a deadly new virus in Asia that claims nearly 50% of its victims and virus hunters are trying to keep it from spreading. Killer Virus investigates its origins and traces how it spreads, learning from other diseases that jumped from animal to human to human.

**I DIDN'T KNOW I WAS PREGNANT**

Series 1-4: 55 x 30 / TLC / 2008-2010 / ID: 127107, 128393, 129363, 56463

We explore the astounding phenomenon of women that aren't aware that they're pregnant until the moment they're giving birth. From an unaware flight attendant unexpectedly crowning mid-flight, to a woman visiting a clinic for terrible abdominal cramps only moments from giving birth as a tornado approaches, we'll see the potentially life-threatening true stories of surprise births.

**THE FOOD HOSPITAL**

Series 1-2: 15 x 60 / 2011 / ID: 137979, 137980

An emerging area of medical science, *The Food Hospital* examines the science behind using food as medicine, tackling patients' health problems through the food they eat. Monitored by medical experts, patients suffering from a range of medical conditions and symptoms check into The Food Hospital where they are prescribed specific diets to determine if their health problems can be cured by the food they eat. It's time to eat our way back to health!

**SEX HOSPITAL**

5 x 60 / 2012 / ID: 138547

Ever wondered what others get up to behind closed doors? Find out at the *Sex Hospital* where couples in crisis seek sexual salvation in an effort to fix what is broken beneath their bed sheets. From body confidence to bondage, impotency to infidelity, no subject is too taboo and no sexual problem too intimate. Each week, three couples arrive at an aspirational retreat to confront their problems with the help of sexpert Alessandra Rampolla and neurologist Dr. Jack Lewis.

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